Tulane Early Bird Twilight Track & Field Invitational
March 3, 2017
Tad Gormley Stadium, New Orleans, LA

Meet & Entry Information
Tulane University
Meet Director – Eric Peterson (504) 919-0498

**Entry Procedure**

* All team entries must be done online through [www.DirectAthletics.com](http://www.DirectAthletics.com). Entry will be open to all Louisiana universities and colleges. Entry marks must be TFFRS marks from 2015-17 seasons or online verification of the mark must be provided to the meet director. If online verification is not possible then an indication of NM must be submitted.
* Entries may be submitted beginning Monday, February 27. The entry deadline is Wednesday, March 1 at 5:00PM. No late entries will be accepted.
* Unattached athletes affiliated with participating schools shall be submitted directly to the meet director via email at ericp@tulane.edu. These entries must be received by the deadline. No late entries will be accepted. Approved unattached athletes will participate for no charge.
* Entry fee - $250.00 per gender (men’s and women’s team will pay $500.00). Entry Fee must be paid at packet pick up. If you are paying by check please pay to the order of ***Tulane University****.*
* No limit to the number of entries per event.

**Dual Meet & Invitational Scoring**

* The Early Bird Twilight Meet will be a scored meet among NCAA Division I teams.
	+ Dual meet scoring will be for individual events (5-3-2-1) and for relays (5-3).
		- Note, only two individual entries per institution shall score. Only one relay entry per institution shall score.
	+ Invitational scoring will depend on the number of division I teams entered. Division I head coaches will be notified Thursday, March 2, by noon the number of DI teams that have entered.
		- For example, if only 3 DI teams are entered then the Invitational Scoring will be for individual events (7-5-4-3-2-1) & for relays (7-5-4).

**Competition Day Information**

* Admission and parking are free. You may enter Tad Gormley Stadium and park inside the fences at your leisure.
* Packet Pickup will be located in the “Dungeon.” This is where track & field equipment is stored at Tad Gormley Stadium.
* Clerk – Running event athletes must check in at the clerk’s desk no later than 20 minutes prior to the start of the event. Field event athletes should check in with the head official of their event area beginning 60 minutes prior to the start of the event.
* Weigh ins will be done at the practice track located across the street from Tad Gormley Stadium. Report to this area no later than 90 minutes prior to the start of the event.
* Team Camp is permitted in the stands or under the stadium. NO ATHLETES ARE PERMITTED ON THE INFIELD unless competing. Coaches and trainers may roam freely about the infield.
* Warm Ups – Running event athletes must warm up on the practice track across the street from Tad Gormley Stadium or anywhere outside of the stadium. Field event athletes may warm up at their event area. This area will open 60 minutes prior to the start of the event.

**Training Area**

* Andi Sutter is the Tulane Track & Field Certified Athletic Trainer. She may be reached by telephone at (913) 488-5472 or by email at asutter@tulane.edu. She will be on site along with our graduate assistant Heather Ravner – hravner@tulane.edu.
* Treatment modalities, first aid supplies, AED, water and ice will be available. Also, EMS will be on site and a physician will be on call.

**Results**

* Live results will be available at [www.adkinstrak.com](http://www.adkinstrak.com/)
* All team scoring results will be available by Monday, March 6.

**Early Bird Invitational
Tad Gormley Stadium – City Park
New Orleans, Louisiana
Friday, March 3, 2017**

***Throwing Events***

10:45 am Hammer (W)
12:00 pm Hammer (M)
1:00 pm Discus (W)
2:00 pm Discus (M)
3:00 pm Javelin (W)
4:00 pm Javelin (M)
5:00 pm Shot Put (W)
6:00 pm Shot Put (M)

***Jumping Events***

3:00 pm Pole Vault (M)
 Pole Vault (W) – After Men
3:00 pm Long Jump (W) Long Jump (M) – After Women
3:00 pm High Jump (M)
 High Jump (W) – After Men

***Running Events***

3:00 pm 2000 Meter Steeplechase (M)
3:15 pm 2000 Meter Steeplechase (W)
3:30 pm 4 x 100 Relay (M)
3:40 pm 4 x 100 Relay (W)
3:50 pm 1500 Meters (M)
4:00 pm 1500 Meters (W)
4:15 pm 110 Hurdles (M)
4:25 pm 100 Hurdles (W)
4:40 pm 300 Meters (M)
5:00 pm 300 Meters (W)
5:15 pm 100 Meters (M)
5:25 pm 100 Meters (W)
5:40 pm 600 Meters (M)
5:50 pm 600 Meters (W)
6:05 pm 400 Meter Hurdles (M)
6:15 pm 400 Meter Hurdles (W)
6:30 pm 3000 Meters (M)
6:45 pm 3000 Meters (W)
7:00 pm 4 x 400 Relay (M)
7:10 pm 4 x 400 Relay (W)